## When Should New Moms Have Their Postpartum Visit

| Delivery <br> Date | Schedule to see doctor between these dates |
| :---: | :---: |
| Jan-1 | Jan 22 - Feb 26 |
| Jan-2 | Jan 23 - Feb 27 |
| Jan-3 | Jan 24 - Feb 28 |
| Jan-4 | Jan 25 - Mar 1 |
| Jan-5 | Jan 26 - Mar 2 |
| Jan-6 | Jan 27 - Mar 3 |
| Jan-7 | Jan 28 - Mar 4 |
| Jan-8 | Jan 29 - Mar 5 |
| Jan-9 | Jan $30-\mathrm{Mar} 6$ |
| Jan-10 | Jan 31 - Mar 7 |
| Jan-11 | Feb 1 - Mar 8 |
| Jan-12 | Feb 2 - Mar 9 |
| Jan-13 | Feb 3 - Mar 10 |
| Jan-14 | Feb 4 - Mar 11 |
| Jan-15 | Feb 5 - Mar 12 |
| Jan-16 | Feb 6 - Mar 13 |
| Jan-17 | Feb 7 - Mar 14 |
| Jan-18 | Feb 8 - Mar 15 |
| Jan-19 | Feb 9 - Mar 16 |
| Jan-20 | Feb 10 - Mar 17 |
| Jan-21 | Feb 11 - Mar 18 |
| Jan-22 | Feb 12 - Mar 19 |
| Jan-23 | Feb 13 - Mar 20 |
| Jan-24 | Feb 14 - Mar 21 |
| Jan-25 | Feb 15 - Mar 22 |
| Jan-26 | Feb 16 - Mar 23 |
| Jan-27 | Feb 17 - Mar 24 |
| Jan-28 | Feb 18 - Mar 25 |
| Jan-29 | Feb 19 - Mar 26 |
| Jan-30 | Feb 20 - Mar 27 |
| Jan-31 | Feb 21 - Mar 28 |
| Feb-1 | Feb 22 - Mar 29 |
| Feb-2 | Feb 23 - Mar 30 |
| Feb-3 | Feb 24 - Mar 31 |
| Feb-4 | Feb 25 - Apr 1 |
| Feb-5 | Feb 26 - Apr 2 |
| Feb-6 | Feb 27 - Apr 3 |
| Feb-7 | Feb 28 - Apr 4 |
| Feb-8 | Mar 1 - Apr 5 |
| Feb-9 | Mar 2 - Apr 6 |
| Feb-10 | Mar 3 - Apr 7 |
| Feb-11 | Mar 4 - Apr 8 |
| Feb-12 | Mar 5 - Apr 9 |
| Feb-13 | Mar 6 - Apr 10 |
| Feb-14 | Mar 7 - Apr 11 |
| Feb-15 | Mar 8 - Apr 12 |
| Feb-16 | Mar 9 - Apr 13 |


| Delivery Date | Schedule to see doctor between these dates | Delivery Date | Schedule to see doctor between these dates |
| :---: | :---: | :---: | :---: |
| Feb-17 | Mar 10 - Apr 14 | Apr-5 | Apr 26 - May 31 |
| Feb-18 | Mar 11 - Apr 15 | Apr-6 | Apr 27 - Jun 1 |
| Feb-19 | Mar 12 - Apr 16 | Apr-7 | Apr 28 - Jun 2 |
| Feb-20 | Mar 13 - Apr 17 | Apr-8 | Apr 29 - Jun 3 |
| Feb-21 | Mar 14 - Apr 18 | Apr-9 | Apr 30 - Jun 4 |
| Feb-22 | Mar 15 - Apr 19 | Apr-10 | May 1 - Jun 5 |
| Feb-23 | Mar 16 - Apr 20 | Apr-11 | May 2 - Jun 6 |
| Feb-24 | Mar 17-Apr 21 | Apr-12 | May 3 - Jun 7 |
| Feb-25 | Mar 18 - Apr 22 | Apr-13 | May 4 - Jun 8 |
| Feb-26 | Mar 19-Apr 23 | Apr-14 | May 5 - Jun 9 |
| Feb-27 | Mar 20 - Apr 24 | Apr-15 | May 6 - Jun 10 |
| Feb-28 | Mar 21 - Apr 25 | Apr-16 | May 7 - Jun 11 |
| Mar-1 | Mar 22 - Apr 26 | Apr-17 | May 8 - Jun 12 |
| Mar-2 | Mar 23 - Apr 27 | Apr-18 | May 9 - Jun 13 |
| Mar-3 | Mar 24 - Apr 28 | Apr-19 | May 10 - Jun 14 |
| Mar-4 | Mar 25 - Apr 29 | Apr-20 | May 11 - Jun 15 |
| Mar-5 | Mar 26 - Apr 30 | Apr-21 | May 12 - Jun 16 |
| Mar-6 | Mar 27 - May 1 | Apr-22 | May 13 - Jun 17 |
| Mar-7 | Mar 28 - May 2 | Apr-23 | May 14 - Jun 18 |
| Mar-8 | Mar 29 - May 3 | Apr-24 | May 15 - Jun 19 |
| Mar-9 | Mar 30 - May 4 | Apr-25 | May 16 - Jun 20 |
| Mar-10 | Mar 31 - May 5 | Apr-26 | May 17 - Jun 21 |
| Mar-11 | Apr 1 - May 6 | Apr-27 | May 18 - Jun 22 |
| Mar-12 | Apr 2 - May 7 | Apr-28 | May 19 - Jun 23 |
| Mar-13 | Apr 3 - May 8 | Apr-29 | May 20 - Jun 24 |
| Mar-14 | Apr 4 - May 9 | Apr-30 | May 21 - Jun 25 |
| Mar-15 | Apr 5 - May 10 | May-1 | May 22 - Jun 26 |
| Mar-16 | Apr 6 - May 11 | May-2 | May 23 - Jun 27 |
| Mar-17 | Apr 7 - May 12 | May-3 | May 24 - Jun 28 |
| Mar-18 | Apr 8 - May 13 | May-4 | May 25 - Jun 29 |
| Mar-19 | Apr 9 - May 14 | May-5 | May 26 - Jun 30 |
| Mar-20 | Apr 10 - May 15 | May-6 | May 27 - Jul 1 |
| Mar-21 | Apr 11 - May 16 | May-7 | May 28 - Jul 2 |
| Mar-22 | Apr 12 - May 17 | May-8 | May 29 - Jul 3 |
| Mar-23 | Apr 13-May 18 | May-9 | May 30 - Jul 4 |
| Mar-24 | Apr 14-May 19 | May-10 | May 31 - Jul 5 |
| Mar-25 | Apr 15 - May 20 | May-11 | Jun 1 - Jul 6 |
| Mar-26 | Apr 16 - May 21 | May-12 | Jun 2 - Jul 7 |
| Mar-27 | Apr 17-May 22 | May-13 | Jun 3 - Jul 8 |
| Mar-28 | Apr 18 - May 23 | May-14 | Jun 4 - Jul 9 |
| Mar-29 | Apr 19 - May 24 | May-15 | Jun 5 - Jul 10 |
| Mar-30 | Apr 20 - May 25 | May-16 | Jun 6 - Jul 11 |
| Mar-31 | Apr 21 - May 26 | May-17 | Jun 7 - Jul 12 |
| Apr-1 | Apr 22 - May 27 | May-18 | Jun 8 - Jul 13 |
| Apr-2 | Apr 23 - May 28 | May-19 | Jun 9 - Jul 14 |
| Apr-3 | Apr 24 - May 29 | May-20 | Jun 10 - Jul 15 |
| Apr-4 | Apr 25 - May 30 | May-21 | Jun 11 - Jul 16 |


| Delivery Date | Schedule to see doctor between these dates |
| :---: | :---: |
| May-22 | Jun 12 - Jul 17 |
| May-23 | Jun 13 - Jul 18 |
| May-24 | Jun 14 - Jul 19 |
| May-25 | Jun $15-$ Jul 20 |
| May-26 | Jun 16 - Jul 21 |
| May-27 | Jun 17 - Jul 22 |
| May-28 | Jun 18 - Jul 23 |
| May-29 | Jun 19 - Jul 24 |
| May-30 | Jun 20 - Jul 25 |
| May-31 | Jun 21 - Jul 26 |
| Jun-1 | Jun 22 - Jul 27 |
| Jun-2 | Jun 23 - Jul 28 |
| Jun-3 | Jun 24 - Jul 29 |
| Jun-4 | Jun 25 - Jul 30 |
| Jun-5 | Jun 26 - Jul 31 |
| Jun-6 | Jun 27 - Aug 1 |
| Jun-7 | Jun 28 - Aug 2 |
| Jun-8 | Jun 29 - Aug 3 |
| Jun-9 | Jun 30 - Aug 4 |
| Jun-10 | Jul 1 - Aug 5 |
| Jun-11 | Jul 2 - Aug 6 |
| Jun-12 | Jul 3 - Aug 7 |
| Jun-13 | Jul 4 - Aug 8 |
| Jun-14 | Jul 5 - Aug 9 |
| Jun-15 | Jul 6 - Aug 10 |
| Jun-16 | Jul 7 - Aug 11 |
| Jun-17 | Jul 8 - Aug 12 |
| Jun-18 | Jul 9 - Aug 13 |
| Jun-19 | Jul 10 - Aug 14 |
| Jun-20 | Jul 11 - Aug 15 |
| Jun-21 | Jul 12 - Aug 16 |
| Jun-22 | Jul 13 - Aug 17 |
| Jun-23 | Jul 14 - Aug 18 |
| Jun-24 | Jul 15 - Aug 19 |
| Jun-25 | Jul 16 - Aug 20 |
| Jun-26 | Jul 17 - Aug 21 |
| Jun-27 | Jul 18 - Aug 22 |
| Jun-28 | Jul 19 - Aug 23 |
| Jun-29 | Jul 20 - Aug 24 |
| Jun-30 | Jul 21 - Aug 25 |
| Jul-1 | Jul 22 - Aug 26 |
| Jul-2 | Jul 23 - Aug 27 |
| Jul-3 | Jul 24 - Aug 28 |
| Jul-4 | Jul 25 - Aug 29 |
| Jul-5 | Jul 26 - Aug 30 |
| Jul-6 | Jul 27 - Aug 31 |
| Jul-7 | Jul 28 - Sep 1 |

## When Should New Moms Have Their Postpartum Visit

| Delivery <br> Date | Schedule to see doctor between these dates |
| :---: | :---: |
| Jul-8 | Jul 29 - Sep 2 |
| Jul-9 | Jul $30-$ Sep 3 |
| Jul-10 | Jul 31 - Sep 4 |
| Jul-11 | Aug 1 - Sep 5 |
| Jul-12 | Aug 2 - Sep 6 |
| Jul-13 | Aug 3 - Sep 7 |
| Jul-14 | Aug 4 - Sep 8 |
| Jul-15 | Aug 5 - Sep 9 |
| Jul-16 | Aug 6 - Sep 10 |
| Jul-17 | Aug 7 - Sep 11 |
| Jul-18 | Aug 8 - Sep 12 |
| Jul-19 | Aug 9 - Sep 13 |
| Jul-20 | Aug $10-$ Sep 14 |
| Jul-21 | Aug 11 - Sep 15 |
| Jul-22 | Aug 12 - Sep 16 |
| Jul-23 | Aug 13 - Sep 17 |
| Jul-24 | Aug 14 - Sep 18 |
| Jul-25 | Aug 15 - Sep 19 |
| Jul-26 | Aug 16 - Sep 20 |
| Jul-27 | Aug 17 - Sep 21 |
| Jul-28 | Aug 18 - Sep 22 |
| Jul-29 | Aug 19 - Sep 23 |
| Jul-30 | Aug $20-$ Sep 24 |
| Jul-31 | Aug 21 - Sep 25 |
| Aug-1 | Aug 22 - Sep 26 |
| Aug-2 | Aug 23 - Sep 27 |
| Aug-3 | Aug 24 - Sep 28 |
| Aug-4 | Aug 25 - Sep 29 |
| Aug-5 | Aug 26 - Sep 30 |
| Aug-6 | Aug 27 - Oct 1 |
| Aug-7 | Aug 28 - Oct 2 |
| Aug-8 | Aug 29 - Oct 3 |
| Aug-9 | Aug 30-Oct 4 |
| Aug-10 | Aug 31 - Oct 5 |
| Aug-11 | Sep 1 - Oct 6 |
| Aug-12 | Sep 2 - Oct 7 |
| Aug-13 | Sep 3 - Oct 8 |
| Aug-14 | Sep 4 - Oct 9 |
| Aug-15 | Sep 5 - Oct 10 |
| Aug-16 | Sep 6 - Oct 11 |
| Aug-17 | Sep 7 - Oct 12 |
| Aug-18 | Sep 8 - Oct 13 |
| Aug-19 | Sep 9-Oct 14 |
| Aug-20 | Sep 10 - Oct 15 |
| Aug-21 | Sep 11 - Oct 16 |
| Aug-22 | Sep 12 - Oct 17 |
| Aug-23 | Sep 13 - Oct 18 |


| Delivery Date | Schedule to see doctor between these dates | Delivery Date | Schedule to see doctor between these dates |
| :---: | :---: | :---: | :---: |
| Aug-24 | Sep 14 - Oct 19 | Oct-10 | Oct 31 - Dec 5 |
| Aug-25 | Sep 15 - Oct 20 | Oct-11 | Nov 1 - Dec 6 |
| Aug-26 | Sep 16 - Oct 21 | Oct-12 | Nov 2 - Dec 7 |
| Aug-27 | Sep 17 - Oct 22 | Oct-13 | Nov 3 - Dec 8 |
| Aug-28 | Sep 18 - Oct 23 | Oct-14 | Nov 4 - Dec 9 |
| Aug-29 | Sep 19 - Oct 24 | Oct-15 | Nov 5 - Dec 10 |
| Aug-30 | Sep 20 - Oct 25 | Oct-16 | Nov 6 - Dec 11 |
| Aug-31 | Sep 21 - Oct 26 | Oct-17 | Nov 7 - Dec 12 |
| Sep-1 | Sep 22 - Oct 27 | Oct-18 | Nov 8 - Dec 13 |
| Sep-2 | Sep 23 - Oct 28 | Oct-19 | Nov 9 - Dec 14 |
| Sep-3 | Sep 24 - Oct 29 | Oct-20 | Nov 10-Dec 15 |
| Sep-4 | Sep 25 - Oct 30 | Oct-21 | Nov 11 - Dec 16 |
| Sep-5 | Sep 26 - Oct 31 | Oct-22 | Nov 12 - Dec 17 |
| Sep-6 | Sep 27 - Nov 1 | Oct-23 | Nov 13 - Dec 18 |
| Sep-7 | Sep 28 - Nov 2 | Oct-24 | Nov 14 - Dec 19 |
| Sep-8 | Sep 29 - Nov 3 | Oct-25 | Nov 15 - Dec 20 |
| Sep-9 | Sep $30-N o v 4$ | Oct-26 | Nov 16 - Dec 21 |
| Sep-10 | Oct 1 - Nov 5 | Oct-27 | Nov 17 - Dec 22 |
| Sep-11 | Oct 2 - Nov 6 | Oct-28 | Nov 18 - Dec 23 |
| Sep-12 | Oct 3 - Nov 7 | Oct-29 | Nov 19 - Dec 24 |
| Sep-13 | Oct 4 - Nov 8 | Oct-30 | Nov $20-$ Dec 25 |
| Sep-14 | Oct 5 - Nov 9 | Oct-31 | Nov 21 - Dec 26 |
| Sep-15 | Oct 6 - Nov 10 | Nov-1 | Nov 22 - Dec 27 |
| Sep-16 | Oct 7 - Nov 11 | Nov-2 | Nov 23 - Dec 28 |
| Sep-17 | Oct 8 - Nov 12 | Nov-3 | Nov 24 - Dec 29 |
| Sep-18 | Oct 9 - Nov 13 | Nov-4 | Nov 25 - Dec 30 |
| Sep-19 | Oct $10-$ Nov 14 | Nov-5 | Nov 26 - Dec 31 |
| Sep-20 | Oct 11 - Nov 15 | Nov-6 | Nov 27 - Jan 1 |
| Sep-21 | Oct 12 - Nov 16 | Nov-7 | Nov $28-J a n 2$ |
| Sep-22 | Oct 13 - Nov 17 | Nov-8 | Nov 29 - Jan 3 |
| Sep-23 | Oct 14 - Nov 18 | Nov-9 | Nov $30-J a n 4$ |
| Sep-24 | Oct 15 - Nov 19 | Nov-10 | Dec $1-\operatorname{Jan} 5$ |
| Sep-25 | Oct 16 - Nov 20 | Nov-11 | Dec $2-\operatorname{Jan} 6$ |
| Sep-26 | Oct 17 - Nov 21 | Nov-12 | Dec $3-\operatorname{Jan} 7$ |
| Sep-27 | Oct 18 - Nov 22 | Nov-13 | Dec $4-\operatorname{Jan} 8$ |
| Sep-28 | Oct 19 - Nov 23 | Nov-14 | Dec $5-\operatorname{Jan} 9$ |
| Sep-29 | Oct $20-$ Nov 24 | Nov-15 | Dec $6-\operatorname{Jan} 10$ |
| Sep-30 | Oct 21 - Nov 25 | Nov-16 | Dec 7 - Jan 11 |
| Oct-1 | Oct 22 - Nov 26 | Nov-17 | Dec $8-\operatorname{Jan} 12$ |
| Oct-2 | Oct 23 - Nov 27 | Nov-18 | Dec 9 - Jan 13 |
| Oct-3 | Oct 24 - Nov 28 | Nov-19 | Dec 10-Jan 14 |
| Oct-4 | Oct 25 - Nov 29 | Nov-20 | Dec 11 - Jan 15 |
| Oct-5 | Oct 26 - Nov 30 | Nov-21 | Dec $12-\operatorname{Jan} 16$ |
| Oct-6 | Oct $27-$ Dec 1 | Nov-22 | Dec $13-\operatorname{Jan} 17$ |
| Oct-7 | Oct $28-\operatorname{Dec} 2$ | Nov-23 | Dec $14-\operatorname{Jan} 18$ |
| Oct-8 | Oct 29 - Dec 3 | Nov-24 | Dec $15-\operatorname{Jan} 19$ |
| Oct-9 | Oct $30-$ Dec 4 | Nov-25 | Dec 16 - Jan 20 |


| Delivery Date | Schedule to see doctor between these dates |
| :---: | :---: |
| Nov-26 | Dec 17 - Jan 21 |
| Nov-27 | Dec 18 - Jan 22 |
| Nov-28 | Dec $19-\operatorname{Jan} 23$ |
| Nov-29 | Dec 20 - Jan 24 |
| Nov-30 | Dec 21 - Jan 25 |
| Dec-1 | Dec 22 - Jan 26 |
| Dec-2 | Dec 23 - Jan 27 |
| Dec-3 | Dec 24 - Jan 28 |
| Dec-4 | Dec 25 - Jan 29 |
| Dec-5 | Dec 26 - Jan 30 |
| Dec-6 | Dec 27 - Jan 31 |
| Dec-7 | Dec 28 - Feb 1 |
| Dec-8 | Dec 29 - Feb 2 |
| Dec-9 | Dec $30-$ Feb 3 |
| Dec-10 | Dec 31 - Feb 4 |
| Dec-11 | Jan 1 - Feb 5 |
| Dec-12 | Jan 2 - Feb 6 |
| Dec-13 | Jan 3 - Feb 7 |
| Dec-14 | Jan 4 - Feb 8 |
| Dec-15 | Jan 5 - Feb 9 |
| Dec-16 | Jan 6 - Feb 10 |
| Dec-17 | Jan 7 - Feb 11 |
| Dec-18 | Jan 8 - Feb 12 |
| Dec-19 | Jan 9 - Feb 13 |
| Dec-20 | Jan 10 - Feb 14 |
| Dec-21 | Jan 11 - Feb 15 |
| Dec-22 | Jan 12 - Feb 16 |
| Dec-23 | Jan 13 - Feb 17 |
| Dec-24 | Jan 14 - Feb 18 |
| Dec-25 | Jan 15 - Feb 19 |
| Dec-26 | Jan 16 - Feb 20 |
| Dec-27 | Jan 17 - Feb 21 |
| Dec-28 | Jan 18 - Feb 22 |
| Dec-29 | Jan 19 - Feb 23 |
| Dec-30 | Jan 20 - Feb 24 |
| Dec-31 | Jan 21 - Feb 25 |

