

It can't wait- **VACCINATE!**

As your guide to better health, Buckeye Health Plan encourages parents to understand the importance of life-saving vaccinations. Getting and keeping your child up-to-date on important vaccines helps keep them from getting sick and prevents the spread to others.



Knowing which vaccines your child needs is confusing



To learn which vaccinations children need and when they need them, view our list of recommended immunizations at:

BuckeyeHealthPlan.com/Vaccinate

Help your child get ready for their vaccinations

Children may be fearful of getting vaccinated. Help decrease your child's fears of vaccinations by:

- **Being honest.** Explain that they will feel a pinch for a minute, but it won't last long. Calm their fears by sharing that vaccinations keep them from getting sick.
- **Providing comfort.** Bring comfort items like books or favorite toys to distract and provide a sense of security. Offer positive words of encouragement throughout the process.
- **Staying calm yourself.** Set an example by remaining calm, even when your child is not.

Ask your child's doctor about missing vaccinations. Need a doctor? Visit BuckeyeHealthPlan.com and click on "Find a Provider."



Buckeye makes it easy for your child to stay up-to-date on vaccinations with:

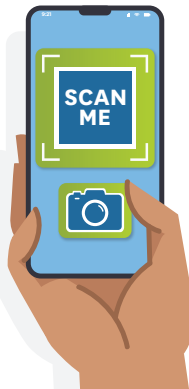
- Annual well visits and vaccinations — at no cost to you!
- No-cost transportation to and from doctor's appointments. Call **866-531-0615** at least 48 hours in advance to schedule.
- **\$75 in My Health Pays[®]** rewards for completing healthcare visits for kids ages 3 to 11. Parents can spend rewards at Walmart[®] or Sam's Club[®] or on rent, utilities and more.*
- Plus, members' children, ages six months and up, get **\$25** in reward dollars for getting a flu shot.

To learn more, visit BuckeyeHealthPlan.com/Vaccinate

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LEARN MORE!**



Contact Us

We can help if you have questions about your health plan or benefits.

Call Member Services with questions related to your benefits, services and claims: 1-866-246-4358 (TTY:711)

Call our 24/7 nurse advice line for answers to your health questions: 1-866-246-4358 (TTY:711)

Get detailed information at BuckeyeHealthPlan.com



Get health tips and information on Twitter and Facebook

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