

ECHO[®] Weitzman ECHO Adult Psychiatry & Trauma-Informed Care



Weitzman ECHO[®] Series for Ohio: Adult Psychiatry & Trauma-Informed Care

This ECHO series offers
high-value topics, including:

- 1. Common Psychiatric Conditions**, such as depression, anxiety, PTSD, and mood disorders
- 2. Evidence-Based and Emerging Treatment Approaches**, such as psychopharmacology and behavioral techniques
- 3. Patient Health Literacy and Adherence**, such as psychoeducation and addressing stigma

Contact us today for more information:

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EXPLORE THE COMPLEXITY OF ADULT PSYCHIATRY & TRAUMA-INFORMED CARE

A Multidisciplinary and Trauma-Informed Approach to Psychiatric Care


With the increasing prevalence of mental health conditions in Ohio, especially in the wake of the COVID-19 pandemic, primary care medical providers, behavioral health providers, and other members of the care team are facing a significant demand to provide psychiatric care. However, approximately one in four Ohioans reported that they needed, but did not receive, mental health treatment. It is imperative that providers enhance strategies to provide mental health support to address the shortage of psychiatric care. This ECHO series aims to equip participants with the skills to approach mental health care and patient empowerment through the lenses of health equity and trauma-informed care.

In collaboration with Buckeye Health Plan and Ohio University Heritage College of Medicine, the Weitzman Institute is introducing a new 9-month continuing education series: **Weitzman ECHO Adult Psychiatry & Trauma-Informed Care**. This ECHO series connects primary care medical providers, behavioral health providers, and other members of the care team with a community of peers and subject matter experts from across Ohio. During each session, the multidisciplinary ECHO faculty experts cover essential topics and strategies for patient-centered care. These topics include both traditional and innovative methods for screening, assessing, and managing psychiatric conditions. Topics in the curriculum include transitions of care, dual diagnoses involving substance use disorders, and medical conditions that mimic psychiatric symptoms.

This series addresses the critical need for mental health care in Ohio:

 *"From February 1 to 13, 2023, 33.1% of adults in Ohio reported symptoms of anxiety and/or depressive disorder."*
— Kaiser Family Foundation

 *"In 2021, suicide was the second-leading cause of death among Ohioans 10–34 years."*
— Ohio Department of Health

 *"Ohioans without insurance also report a higher incidence of unmet mental health needs [20.5%]..."*
— Ohio Department of Mental Health and Addiction Services



Use this QR code
to learn more.
Register now
using code: **APTOH**

<https://bit.ly/AdultPsychiatryECHO>